33 VIRTUES

1- Fearlessness

2- [Purification](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/P.html#Purification) of one's existence

3- Cultivation of spiritual and intellectual

knowledge

4- Charity

5- Self-control (perpetual restraint of behavior and temper)

6- Performance of [sacrifice](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Sacrifice) -- selfless [service](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Service), not being self-centered, to be(come) humble

7- Study of spiritual Scriptures

8- Austerity and simplicity

9- Non-violence (not violating the [Daharma](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/D.html#Daharma%20(Darma)) of things)

10- Truthfulness

11- Freedom from anger

12- Renunciation (to offer the result of your actions to the Lord, and ideate that your body is a tool for Him to perform [Divine actions](http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html#Divine%20Actions))

13- Tranquility (magnanimity of mind)

14- Aversion to faultfinding

15- Compassion and freedom from covetousness

16- Gentleness

17- Modesty and steady determination

18- Vigor

19- Forgiveness

20- Fortitude

21- Cleanliness

22- Freedom from envy

23- Patience for honor

24- Readiness to [sacrifice](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Sacrifice) everything of individual life for the ideology

25- Sweet and smiling behavior

26- Moral courage

27- Setting an example by individual conduct before asking anyone to do the same 28- Strict adherence to the Fifteen Commandments

29- Constant contemplation of [**The Greatest Sign**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#Great%20Sign,%20The)

30- Even while dealing with a person of inimical nature, one must keep oneself free from hatred, anger, and vanity

31- Keep aloof from talkativeness (idle talk)

32- Obedience to the structural code of discipline

33- Sense of responsibility

**Introduction**

 Welcome to the Divine Sisters’ Lecture for the 2015 Feast of Tabernacles! This year we are going to give a brief introduction to the 33-Virtues given to us by **Maitreya-Ji** and found in Essays 3 in **THOTH**.

 There is a Google Slide program which is on the **Mission** website and can be viewed during the presentation by clicking on the link now being provided in the room. The quotes presented are directly from the website and **Maitreya-Ji’s** Teachings.

 So, what is the definition of a Virtue? It is “behavior showing high moral standards,” behavior that helps in our Path to be(come) Divine.

 The first Virtue to be covered is “Fearlessness.”

**1- Fearlessness**

 “Those who are on fire of the compassion of God have no fear because they know that the Essence is eternal, and what is eternal has no fear because it has been here, it is here, and it will be here forever.”

 “Where does fear come from? Fear comes from the first three chakras. As you go higher and higher and higher, there is no tendency of fear there. The fear cannot follow you if you go to the higher level….”

 “If you meditate and go to higher consciousness, you will reach a point where you can say, ‘God is going to provide for me anyway, no matter what I do.’ Where is your fear?” [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20(Elects)/fearless.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/fearless.htm)

 [However,] ”fearlessness does not mean not being wise. A blade is coming down from the machine and you say, ‘I am fearless,’ and put your hand under the blade. That does not mean fearlessness at all.”

 There is much **Maitreya-Ji** teaches us about fearlessness.

 He tells us, “The spiritual path is not for the faint-hearted. It is not for the person who escapes the world. It is for the person who wants to fight within himself to destroy the negativity within and also without.”

 “In fact, for a realized Soul, suffering is a blessing. It is warning that you have gone astray from the path of the reality of this universe, or it is a lesson.” [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20(Elects)/fearless.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/fearless.htm)

 “Those who are one-pointed will listen to what God has sent to them and will follow His Will. He surely has Revealed enough Truth that any person, even those with just a little Light, will see the legitimacy of these Teachings and should respond to the Call to them. If they answer the Call and follow the Teachings, they have nothing to fear. Even the tribulation becomes a Blessing!” [*http://www.maitreya.org/english/Newsbrief/2010/3-March/Maitreya/Phoenix%20Rising.htm*](http://www.maitreya.org/english/Newsbrief/2010/3-March/Maitreya/Phoenix%20Rising.htm)

 “So they fear nothing. They go where the fear, fears to follow them. In that place, they accept the truth, they realize the truth, and they are not afraid of anything …” *http://www.maitreya.org/FILES/Conversation/2004/01-31-2004\_maitreya\_conversations\_with.htm*

**It takes Fearlessness to close your eyes and see yourself squarely, it takes Fearlessness to stand for the New Revelation on earth, and it takes Fearlessness to stay to the end...!**

**2-** **Purification of one's existence**

 “Purification: means to become clean internally and externally, physically, mentally, and spiritually: to avoid all things which alter this process or to create an environment that will accelerate the processes of purification.” [*http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/P.html*](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/P.html)

 “A person consists of the physical, mental, and spiritual. So when we talk about the purification of the existence of a person, we are talking about purifying on all levels of existence.” [*http://www.maitreya.org/FILES/discourse/Purifyng.html*](http://www.maitreya.org/FILES/discourse/Purifyng.html)[*1/90*](http://www.maitreya.org/FILES/discourse/Purifyng.html%20-%203/11/90)

 “Anything that stimulates the first three chakras unnecessarily is a hindrance toward purification, especially for those who have not overcome the influences of the external world over themselves and will be affected by it easily.” [*http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/P.html*](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/P.html)

 “Do good not to be glorified by men, but for your own spiritual progress, because in truth you do all these things for your own benefit to progress to Pure Consciousness. You do not do them for the Lord. God does not need your fasting, alms-giving, etc., but these are all for purification of your own Soul. However, with doing these things for the sake of your own Soul and with detachment to them, you will invoke the Grace of the Lord, and through that Grace you will be saved.” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew9.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew9.html)

 “The tithes (10%) given to the system is a purifier of one’s wealth. It is given as a thanksgiving for His Kingdom and for the tranquility, justice, etc., which it brings. Thanksgiving is the first law.” [*http://www.maitreya.org/FILES/THOTH/MNTZION.HTM/Zion14.html*](http://www.maitreya.org/FILES/THOTH/MNTZION.HTM/Zion14.html)

 The **Mission** offers all kinds of techniques and tools to help one purify physically, mentally, and spiritually, including bathing, fasting, prayer, etc.

 There is even purification of one’s relationships to others as shown in **THOTH**, Commentaries on St. Matthew, Tablets 19-21. [*http://www.maitreya.org/FILES/THOTH/TOC.HTM/commentaries\_on\_Matthew.htm*](http://www.maitreya.org/FILES/THOTH/TOC.HTM/commentaries_on_Matthew.htm)

 “It is the purification of the spirit (ethereal body) which is important. So clean the spirit, ‘which is within the cup and platter,’ then the outward actions will be cleaned automatically. Otherwise the dirt inside will come out and there is no way for a person with a dirty spirit (heart) but to be(come) a hypocrite.” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew34.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew34.html)

 *“*Reaching that state of purification of body, mind, and spirit is necessary. So search your Soul and find the impurities within and overcome them. After you have cleansed yourself then you might be able to approach the Lord.”

 “You have to approach the Lord with a pure heart and free of any guilt. With an impure soul you cannot see Him or know Him -- only the pure in heart can see [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God) …” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew7.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew7.html)

**3- Cultivation of spiritual and intellectual knowledge**

 We will see why we have to develop the knowledge on the base of both Spirituality and Intellect if human doesn’t want to be trapped in dry intellect.

 “The highest way to know is to go to God directly (to expose yourself only to Him). Whoever truly asks, sincerely seeks, and earnestly wants to know (‘knock’) will be given the truth. The only requirement is an intense desire to find the truth, and to seek to find it. It is promised that whoever has these qualities will succeed. Christ does not say he is going to do it for you but it is up to you to ask, seek, and knock….”

 “[Also,] no one will be saved by merely believing in a Savior -- after believing in the Savior he has to do and struggle in the path. Then he might earn His Grace and be saved.” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew11.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew11.html)

 “As the consciousness of the human rises, there will be fewer demands for miracles, and emphasis will be more on teaching and understanding the realities of the spiritual world. In the past, many miracles were shown in order to awaken the low consciousness of the regular humans and to develop belief in an unseen Power. However, the human with a higher consciousness in this age does not need to be shown miracles. He can look at his body, universe, and all things and see the hand of the Invisible Power.”

[*http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran9.html*](http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran9.html)

 “When an intellectual person creates intuitional knowledge (spiritual knowledge) through spiritual practices (meditation, concentration, etc.), he will illuminate his intellect. He does not follow his intellect blindly but sees that there is the hand of the Creator in all (by His Grace). Only this kind of intellectual person can understand the subtle realities behind this manifested universe.”

 “Intellect is the ability to understand the material and visible universe; the ability to learn, reason, think, and understand.” And, “intelligence is the capacity to acquire and apply knowledge.” [*http://www.maitreya.org/FILES/THOTH/glossary.htm/I.html*](http://www.maitreya.org/FILES/THOTH/glossary.htm/I.html)

 “In addition to the spiritual lessons and importance of the symbols which were used in the book of Daniel in the Bible, the main point to focus on is that these prophecies were revealed to show how, from about two thousand three hundred years ago, a period of intellectual development would follow. This is important because in this period two aspects of human abilities were developed to their highest. First, the intellect was developed, in the sense of understanding the material (scientific discoveries), social (sociology), and human (psychological) worlds, and other intellectual knowledge increased. Secondly, the development of human economical abilities occurred, which increased the standard of living of man […] and apparently should have increased man's happiness. But because of their side effects, such as discrediting the spiritual values of man, a great feeling of materialism and dry intellectualism (not combined with intuition) developed in the human. […] The bad side effects of the intellectualization of the world (undermining the spiritual values) will dominate the world until the human consciousness develops to the next step of the evolutionary development, which is intuition and understanding the spirit behind all the dry intellectual knowledge.” [*http://www.maitreya.org/FILES/THOTH/DANIEL.HTM/Introduction.html*](http://www.maitreya.org/FILES/THOTH/DANIEL.HTM/Introduction.html)

 “A true seeker does not argue with God and His Revelations, but he contemplates His Sayings, and will find the truth of His Commands for purity, sacrifice (not being self-centered), obedience, and Daharma.”

[*http://www.maitreya.org/FILES/THOTH/DANIEL.HTM/Daniel8.html*](http://www.maitreya.org/FILES/THOTH/DANIEL.HTM/Daniel8.html)

 And to conclude on this virtue, we should know that the Temple should be a place of worshipping and for gaining spiritual and intellectual knowledge.

**4- Charity**

 Charity can be physical (material), mental, emotional, or spiritual.

 “It is promised in the Bible, he who overcomes will become my son...it means to have the same qualities as God: **charity**, vigor, struggle for righteousness, etc.” [*www.maitreya.org/fot/AMissionOfExplanationAndUnification.doc*](http://www.maitreya.org/fot/AMissionOfExplanationAndUnification.doc)

I know thy works, and charity, and [service](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Service), and faith, and thy patience, and thy works; and the last to be more than the first. (Rev. 2:19)

 “By residing in the fourth [chakra](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/C.html#Chakra) and trying to reach the fifth [chakra](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/C.html#Chakra), the quality of giving charity, doing [service](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Service), and having great faith and patience will become manifest. You become merciful (Matthew 5:7). [Islam](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/I.html#Islam) is the symbol of all these things. In fact definite rules and regulations are set up to awaken the people to do these things.” [*http://www.maitreya.org/FILES/THOTH/Holiest.html/HOLIEST3.HTM/Holiest3-8.html*](http://www.maitreya.org/FILES/THOTH/Holiest.html/HOLIEST3.HTM/Holiest3-8.html)

 “1- Minimum necessity of food, shelter, and clothing should be provided for all, while education and medical care should be adequately available. These people, however, especially on the physiological and safety levels, are best served through direct help from others more prosperous. Indeed those in need are an opportunity for others to serve as a manifestation of [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God) and as serving [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God), and so allow the development of their charitable qualities.” [*http://www.maitreya.org/FILES/THOTH/KINGDOM.HTM/Kingdom9.html*](http://www.maitreya.org/FILES/THOTH/KINGDOM.HTM/Kingdom9.html)

 Charity is part of the 15 commandments.

 “Five Observing Commandments ([Yama](http://www.maitreya.org/FILES/thoth/GLOSSARY.HTM/Y.html#Yama))

 9- Non-indulgence: Not to indulge in the enjoyment of such amenities and comforts as are superficial to the preservation of life. The physical wealth on the earth is limited. If one indulges in the use of this physical wealth, others will be deprived even of their basic necessities.

b. Also the person who indulges will become dull-minded and lazy, and this creates misery and unhappiness in that person.

c. So indulgence is bad for society, the world, and the individual.

d. To give charity and help to others with our excess will cure these problems on an individual and societal level.”

<http://www.maitreya.org/FILES/thoth/ESSAYS3.HTM/Essays3-5.html>

 “The greatest way to assist those who need our help is when a person makes a general donation and does not know who the recipient will be, and the recipient does not know who gave the charity. There is no ego involved and no emotion other than the act of giving and the act of receiving. Only give to the **Mission** if you trust it and Know in your Heart of Hearts that we will use it for God's Purpose.”

[*http://www.maitreya.org/english/Newsbrief/2011/4-July-August/Announcements/4-Individuals-Soliciting-Donations.htm*](http://www.maitreya.org/english/Newsbrief/2011/4-July-August/Announcements/4-Individuals-Soliciting-Donations.htm)

 “**An example for the super-rich**: They should consider giving that money to the **Mission**, which is the One that is promoting God’s Way and will spend it to bring God’s Kingdom on earth, help those who are Godly, and encourage the rest to become Godly!” [*http://www.maitreya.org/english/Newsbrief/2010/8-August/Maitreya/Snippets.htm*](http://www.maitreya.org/english/Newsbrief/2010/8-August/Maitreya/Snippets.htm)

 “The charity is best done when given to those closest to the person and his environment, then to others further out. Charity starts from individuals helping individuals, the immediate environment, community, earth, and universe (All are One)!”

[*http://www.maitreya.org/english/declaration\_final.htm*](http://www.maitreya.org/english/declaration_final.htm)

**5- Self-control (perpetual restraint of behavior and temper)**

 Self-Control is the ability to control oneself, in particular one's emotions and desires or the expression of them in one's behavior, especially in difficult situations.

 “As the tama guna is the devil when the Soul is under its influence and becomes a shining star (Lucifer) when it is overcome, so is the lower nature. The lower nature in itself can be a hindrance in spiritual progress, or, if its selfish tendencies are overcome, can be used for physical, mental, and spiritual progress of self and others (others as the rest of the universe).” [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-3.html#CONTROL%20OF%20THE%20LOWER%20SELF*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-3.html#CONTROL%20OF%20THE%20LOWER%20SELF)

 “The Self is within us. Our senses are like wild horses. The Soul and body have been depicted as a chariot and charioteer. The body is the chariot, the Self is the charioteer, and the senses are the five horses carrying the chariot to different places.

 “As long as the senses are wild, and they are taking us in different directions, we are not in control. The horses are in control. The senses are in control.” [*http://www.maitreya.org/FILES/Feast/Knowself.html*](http://www.maitreya.org/FILES/Feast/Knowself.html)

 “It is so important that parents, teachers, educational systems, and society as a whole be very careful to prevent any false ideals from being set up for the children and youth….. They should be taught self-control and be encouraged to discipline the [self](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Self), be sincere, and to direct their attention to the [higher self](http://www.maitreya.org/FILES/THOTH/glossary.htm/H.html#Higher%20Self) rather than the lower. Failure to do so will lead humanity toward disasters and self-destruction, which is always the by-product of following the [lower nature of man](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/L.html#Lower%20Nature%20Of%20Man).” [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/fearless.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/fearless.htm)

 “It is also true that the human should overcome and control, with The [Grace](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#Grace), his desires in order to transfer the desires of his lower nature toward his higher nature.Creating a proper environment will greatly help the human in this endeavor and will make his work much easier.” [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html)

 “Emotions come from the second chakra. That's why they are so hard to control, because there is no mind there to control it.

 “Mind means discipline, control, or logic. Logic is the controller in the universe. Father is the Controller and Mother is just The Grace. Without mind, there is very little control. There is passion. There is emotion. There are fears and desires. To overcome an emotional problem you have to bring the energy to higher levels. You have to bring the energy from the second chakra to the higher chakras.

 “When you come to the third chakra, or third energy center, you have much more power over your emotions, and you can control your emotions. But still you are in your lower nature. You control your emotions to be able to control your environment and others.

 “Many things will try to prevent you to gain control over your mind. Be sincere and diligent in your meditation, but relaxed.” [*http://www.maitreya.org/FILES/discourse/Purifyng.html*](http://www.maitreya.org/FILES/discourse/Purifyng.html)

**6- Performance of** [**sacrifice**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Sacrifice) **-- selfless** [**service**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Service)**, not being self-centered, to be(come) humble.**

 “The Message brought to humanity by Esa the Christ was sacrifice. Sacrifice means, ‘to give of the self (physically, mentally, or spiritually) for others. In the highest form, sacrifice means not to be self-centred.’” [*http://www.maitreya.org/FILES/THOTH/glossary.htm/S.html*](http://www.maitreya.org/FILES/THOTH/glossary.htm/S.html)

 “...Sacrifice, of course, can be of three kinds: from knowledge, passion or ignorance.

 “Sacrifice from knowledge is done for the right person, at the right time and at the right place, such as creation of the **Communities of Light**. Sacrifice or service from passion - being attached to the result of our actions - is done when an expectation for some personal gain (physically, mentally or emotionally) is present. Such a service is usually known as business. Sacrifice from ignorance is done to the wrong person, at the wrong time and at the wrong place - such as to insist on serving someone who neither wants it nor needs it. Sacrifices done from passion and/or from ignorance can create suffering.

 “In a greater sense, sacrifice means to crucify the lower nature and to overcome the propensities of the first three chakras, so we might enter the love center (to be born again) in our fourth chakra which is called the sacred heart (Christ). Then such a person will not be self-centered any longer and will be willing to share his blessings - which are God’s blessings at the same time - with others.

 “Another approach to reach this state is to share with others what we have so we learn not to be self-centered, and eventually we will overcome being egocentric and also overcome our lower natures. However, it should be done from knowledge, not from passion or ignorance.

 “So to share, to serve, to sacrifice, and not to be self-centered opens the heart and brings into the self the Love and Grace of God. It is only with His Grace that our endeavors can prosper and His Kingdom can come.” [*http://www.maitreya.org/FILES/Plan/thelight.htm#Sacrificing*](http://www.maitreya.org/FILES/Plan/thelight.htm#Sacrificing)

 **“That is the key to happiness and joy, to forget the self for a greater task. It is to help others to reach higher consciousness and create an environment (****) that allows all to reach the highest level of realization possible. So the feeling of** [**self-centeredness**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Self-Centeredness) **is forgotten and the cause of unhappiness will vanish.**

“The source of happiness is not to think about the self all the time but to forget it by sacrificing to help others to grow.” [*http://www.maitreya.org/FILES/THOTH/ESSENCE.HTM/Essence7.html*](http://www.maitreya.org/FILES/THOTH/ESSENCE.HTM/Essence7.html)

 “God doesn't create us to suffer. We suffer because we don't know God. Then through Maya, or through the world, we start learning our lessons. Anytime we become self-centered, egoistical, worldly, etc, we start feeling separated, we don't feel God anymore. Maya is very powerful. In that moment of separation, Maya is the truth. When we are separate from God, that is the truth, God doesn't exist for us. We are very self-centered. We are not one with God. And that is so powerful that that becomes a truth in itself in our lives.

 “But we learn our lessons. Then later on we become less self-centered, probably after we go for a ride, or we go to the mountains, or we meditate a little bit, or something like that, and we again feel God, and His Joy, and we become humble.

 “So little by little we learn our lessons. We become less worldly, more Godly, less worldly, more Godly. And one day we are all Godly all the time, and very few times we are separated.” [*http://www.maitreya.org/FILES/discourse/Purecons.html*](http://www.maitreya.org/FILES/discourse/Purecons.html)

**7- Study of spiritual Scriptures**

The Koran also recommends to study the Scriptures:

A righteous human being whom Allah had given the Scripture and wisdom and the prophethood will not say to people: **Worship me instead of Allah**. But according to their duty, they say: **Be faithful devotees of God**, by constant preaching and attentive studying of the Scriptures." (The Family of 'Imran, 79)

 “... It is emphasized to read the Scriptures and share satsang. That is one of the reasons why religions have lost their validity, because people do not know about them. So they just believe whatever they have been told by other people or preachers.

 “... Study of the Scriptures is one of the duties of the human. Those who believe they can find all the truth only by meditating are completely wrong. Study is a great part of spiritual progress.” [*http://www.maitreya.org/FILES/THOTH/Holiest.html/HOLIEST4.HTM/Holiest4-2.html*](http://www.maitreya.org/FILES/THOTH/Holiest.html/HOLIEST4.HTM/Holiest4-2.html)

“One of the best ways to understand religions is by reading the Scriptures, inquiring into the truth behind them, and trying to preach it to others. This can be done by going to those people who are familiar with and competent in different aspects of the truth beyond metaphysical (intellectual) understanding, and reaching out to teach it to others.

 “Therefore, study of religions, inquiring about them, and propagation of their necessity in human life is a must in order to help humanity in its progress spiritually.

 “Merely believing in whatever anyone teaches us about religions will not enable a person to expand his understanding, and he will become a follower of dogmas taught by preachers uninformed of the truth behind this universe. Only those people with expanded minds who see God in everything and everywhere can help a seeker, not those who sell religions cheaply for worldly interest.

 “That is why the search for the truth behind this life and universe is a duty of each human. So it is necessary to create a common worldwide language that allows everyone to read all the Scriptures. Reading Scriptures from different religions, practices, meditation, concentration, contemplation, Satsang, etc., are all helpful in bringing the mind in flow with the Universal Mind and understanding the real truth behind this universe. The search of religions should start in schools and the family environment, and continue until the end of a human's life....

 “It is emphasized to read the Scriptures and share Satsang (teach it to others). That is one of the reasons why religions have lost their validity, because people do not know about them. They just believe whatever is told them.” [*http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran10.html*](http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran10.html)

“Scriptures are written from the revelations by God to those who are in tune with Him. They are Satsangs which cleanse the Soul.

 “Some say there is a jungle in all the Scriptures and you will be lost and more confused about the truth because of them.

 “If we constantly have **The Greatest Sign** in front of our eyes and remember the time, place, and people the Scriptures were revealed to, if we keep in mind that some of the Scriptures have been changed by some carnal minds, and if we remember the truth behind **The Greatest Sign**, then we will not be lost.

 “However, the real truth is common sense which evolves after much study and when we go beyond books and develop a direct relationship with The Holy Ghost. But before that connection occurs, Scriptures are very good guides, with having **The Greatest Sign** in mind.” [*http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran13.html#STUDY%20OF%20SCRIPTURES*](http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran13.html#STUDY%20OF%20SCRIPTURES)

**8- Austerity and simplicity**

 Remember the quote from **THOTH**? “**The complications in life cause the mind to become agitated**. Luxurious life creates attachment and increases desires and greed, so the mind becomes misdirected toward the mundane life….” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew3.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew3.html)

So, following a simple lifestyle allows us to concentrate on higher thoughts and God.

 We are offered so many things to buy, places to go to, videos to watch, etc, etc, and the advertisements tell us we need these things. But it seems the more you have of material possessions, the more attention you give to them and pretty soon you have lost sight of the true meaning of life. In reality, our true requirements are only for physiological and safety needs, and God-realization is the Goal.

 Again a quote from **Maitreya-ji** (GIWH) about living a simple life: “...that does not mean to become an escapist and not to face the true problems of life straight on.” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew3.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew3.html)

 It is not to be so simple as to become a burden on society. We can use the technological advances that God has allowed us to have to create the **Kingdom Of Heaven On Earth**, to spread to other planets to find new resources, to develop true science based on Spirit. Also, many of the things to buy can be very helpful in spreading the **Mission** and living a holy life, for example, computers, printers, cameras, sewing machines, gardening tools, etc. So like so many things in life, it depends upon the time, place, and person.

 When there are many **Communities of Light** established, then the prosperity can be directed towards the **Communities of Light** while individuals can live a Divine and simple life. How austere or simple would depend upon the situation of the person (for example, is he a Sannyasin and his whole life is directed toward helping the **Mission** to manifest and knowing and serving God?… or is he a family person and has to provide for the education of his children?... or is he now in his elderly years and wants to devote most of his time to meditation and realization of God’s Truths?) Whatever the situation, his life can be full, Blessed, natural, and simple.

 Again **Maitreya-Ji** does not give us dogmatic, rigid rules to follow, but general guidance from the Spirit on how to live a Holy Life. It is up to us to decide in what ways we can follow His Example.

**9- Non-violence (not violating the** [**Daharma**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/D.html#Daharma%20(Darma)) **of things)**

 So there is my way (ego) and God's Way (His Will). Following the Dharma is God's Way!

 So let us look at the Essay on Daharma (Darma) (from Essays 1 in **THOTH** and at the Sixth Commandment of the Fifteen Commandments) to see exactly what it is:

 “Daharma or Darma means the ‘innate nature,’ or the Laws governing each and every thing. In human life and in the universe as a whole, there are Laws (Darmas) which have been set up by God or have existed in the universe.

 “Deviation from these Laws is violence, because violence means to deviate from a set of rules which have been ascribed to be followed. [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-2.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-2.html)

 “These Daharmas should be viewed as Laws set up for each subject to follow. If a subject follows his or her nature, it will be in harmony with the Universal Laws. [Otherwise], disharmony will be created which will result in confusion and unhappiness.

 “These natures or Darmas can be understood by deep observation, meditation, and concentration. Also most of them are revealed by God through His Prophets (if you understand them).”

[*http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html*](http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html)

 For example, in **THOTH** and other Scriptures of the world it has been shared that there are two choices for each individual to make, that is family life (marriage of a man and woman) and the renunciate life. (That btw, is why we used the picture we did for this virtue.)

 There is more Maitreya-Ji teaches us about Daharma: “…Because one of the greatest Laws of the universe is to refrain from inflicting pain or injury on others by action, thought, or speech, this has been used as the meaning of the word ‘non-violence.’ However, not inflicting pain or injuries on others for selfish desires is a minor meaning of non-violence. In a greater sense, it means not violating the Laws of the universe or nature.

 “Even in its minor meaning, it does not mean to refrain from fighting for establishing truth -- that is escapism. And it does not mean non-injury when a wise injury might be the real cure for the disease physically, mentally, or spiritually. ….like everything else, non-violence can be of three kinds -- from ignorance, passion, or knowledge.” [*http://www.maitreya.org/FILES/THOTH/ESSAYS3.HTM/Essays3-3.html#FIFTEEN%20COMMANDMENTS*](http://www.maitreya.org/FILES/THOTH/ESSAYS3.HTM/Essays3-3.html#FIFTEEN%20COMMANDMENTS)

 I would like to end here with a quote from **THOTH**:

"When all things follow their Darmas, then the Kingdom Of Heaven within and without can be established."

[*http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/D.html*](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/D.html)

**10- Truthfulness**

 Quoting from the words of **Maitreya-Ji**,

 "Truth is always guidance to those who are ready and have overcome, and is torture to those who are attached to this external world (plagues).” [*http://www.maitreya.org/FILES/THOTH/THE-BASE.HTM/Base11.html*](http://www.maitreya.org/FILES/THOTH/THE-BASE.HTM/Base11.html)

 “Most people do not want to face their selves. ...The person you really should not lie to is yourself. If you do not lie to yourself, you do not lie to anyone else….

 “If we get to the place that we would not be able to lie to ourselves, we really are connected to God directly because there is no subconscious mind left. There is no separation from the Truth.

 “The subconscious mind makes us to do things, to say things, and to believe things, that are not true. To be completely truthful is not only scary for a lot of people, but it is scary for the society because if someone is completely truthful to the society, society is not truthful to itself. " [*http://www.maitreya.org/english/Satsangs%201999+/2000/Feast/09\_12\_2000\_feast.htm*](http://www.maitreya.org/english/Satsangs%201999%2B/2000/Feast/09_12_2000_feast.htm)

 "..it is a harder thing to be truthful to yourself than to anyone else. If you are truthful to yourself, absolutely, then you can be truthful to others. Also you do not have any secrets if you are truthful to yourself because you have to say the truth to yourself so you would not do anything that you would be ashamed of, would you? You have to face your own self.

 “That is why you should examine yourself all the time. You need to look and say, ‘Am I truthful to myself? Do I really mean what I say? Do I really mean what I do in my life, or am I just not being truthful to myself?’ That is very, very important.”

 "In the **Communities of Light** you can be truthful to yourself because that is what is expected from you to be, to be truthful to yourself and others. If you are not truthful to yourself, you cannot create **Communities of Light**..."

 "It does not matter who judges us on earth about what, the most important thing is how God judges us, how He looks at us.

 [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/incorruptible.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/incorruptible.htm)

**11- Freedom from anger**

 “Question: When I get angry with someone who is doing an evil act, what am I doing?

 “**Maitreya**: Well, actually you are doing the evil act to yourself. Why are you getting angry at another person?

 “Anger is not bad. Nothing is bad in this universe. God has created everything for a reason, for a purpose. But if you are angry from the anger point of the view, not from the calm place of Oneness with God, then your anger is from ego and your anger is coming from your expectations, and the energy will be directed back to you because it is from ego but it is not from the pure Oneness of the Spirit.

 “Therefore you are doing yourself even more harm then you are doing harm to the other person. You think you are doing harm to the other person, but you are not.

 “The other person might become upset, might leave, might be unhappy why you become angry with him or her, but the person who is hurt is the one who uses the capability that God has given us in a wrong way with the ego present.

 “That is why again in this **Mission**, the first step is to know thyself. The first step is to realize the stillness between breathing in and breathing out, and becoming one with it. The more you become one with that stillness, the more you follow the **Eternal Divine Path**. Then when you become angry, your anger is from that stillness, is from God, and is effective.

 “…If you become angry, do not let the anger go out. If you become emotional, instead of letting it out and losing control, close your eyes, and look at the anger. Where does it come from? Calm it down. Get hold of it... So any time an emotion is going out of hand in any situation, instead of following it, stop yourself and close your eyes and meditate on that emotion. Little by little emotions will become a part of the control you have on yourself. Therefore emotions do not affect you but you will affect the external world by correctly using those emotions.

“...There is a time to be angry, there is time to…, as God said, there is a time to kill, there is a time to heal. There is a time for everything but who makes the decision what is the correct time should be by those who have a calm mind.” [*http://www.maitreya.org/FILES/Conversation/2004/06-26-2004\_maitreya\_conversations\_with.htm*](http://www.maitreya.org/FILES/Conversation/2004/06-26-2004_maitreya_conversations_with.htm)

**12- Renunciation** (to offer the result of your actions to the Lord, and ideate that your body is a tool for Him to perform [Divine actions](http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html#Divine%20Actions))

 “…we should practice letting Him do the actions through us and realize that the greatest happiness and freedom comes when we allow our bodies to be tools for His [Divine actions](http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html#Divine%20Actions). With this ideation and devotion to Him, we will dissolve our [false ego](http://www.maitreya.org/FILES/THOTH/Glossary.htm/F.html#False%20Ego)s and will not be bound by the reaction of our [Divine actions](http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html#Divine%20Actions), because He is the doer, not us.” [*http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran6.html*](http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran6.html)

 In The Essence, [Tablet 17, verse 14-17] **Maitreya** reveals:

 “Even greater than [surrendering](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Surrendering) is [submission](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Submission) to Him. That is, to become a [channel](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/C.html#Channel) for His [Divine actions](http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html#Divine%20Actions) to be done through us. In [surrendering](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Surrendering), there is still an "I" which exists as one who surrenders, and the surrenderer is different from the one who is surrendered to. But when a person becomes a [channel](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/C.html#Channel) for His [Divine actions](http://www.maitreya.org/FILES/THOTH/glossary.htm/D.html#Divine%20Actions), then no separation exists and the surrenderer, the thing being surrendered, and the one being surrendered to, become one. This state is called the state of renunciation, when the "I" and all things related to it are no more.” [*http://www.maitreya.org/FILES/THOTH/ESSENCE.HTM/Essence17.html*](http://www.maitreya.org/FILES/THOTH/ESSENCE.HTM/Essence17.html)

 In Holiest 1, [Tablet 5, verse 29]: **“**He realized that he should submit himself to the Lord all the time, but if he forgets to do that, then he should surrender the result later on or whenever he realizes that he is becoming attached to the result of his actions (this is the path of detachment or renunciation).” [*http://www.maitreya.org/FILES/THOTH/ESSENCE.HTM/Essence17.htm*l](http://www.maitreya.org/FILES/THOTH/ESSENCE.HTM/Essence17.html)

**13- Tranquility (magnanimity of mind)**

 “That quiet Voice of God is so quiet that you cannot even hear it. You think you heard it, but at the same time you do not know if you heard it or not. But it is, at the same time, very powerful and strong, and you have no doubt that it is Him. That is the voice of God and He is guiding you toward what action is to be taken to lead you to the next step. That is what meditation is all about. Meditation is to know what is the Will of God. You know, someone asked me, ‘What am I supposed to do in my life? I do not know my talents.’ Go meditate and hear that voice within you clearly tell you what is the goal of your life and why you are here.

 “Of course, reaching that quiet voice sometimes is difficult. We are living in a world that is noisy. It is full of pulls, attractions, and a lot of things that call us toward them. So our minds are not calm enough to hear that voice.

 “That is why God sends the Scriptures, to guide you to that quiet mind. It is just like a very hard path with a lot of turns, holes, and different creatures who might snatch you up along the way.” [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20(Elects)/implementers.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/implementers.htm)

 “God is not explainable but it is an experience. If you have experienced God then you do not need an explanation.” [*http://www.maitreya.org/FILES/Conversation/2003/12-13-2003\_maitreya\_conversations\_with.htm*](http://www.maitreya.org/FILES/Conversation/2003/12-13-2003_maitreya_conversations_with.htm)

 “...It doesn't matter how much I talk about it, or so many masters or Great Souls talk about it. Unless you experience it, it is useless to you or the rest of humanity.” <http://www.maitreya.org/FILES/discourse/Healing.html>

 “Haree Om Shrii Hung, Om Nam Kevalam by itself is a powerful meditation. If you follow it and you recognize that stillness between breathing in and breathing out, and ride the mantra on that energy, you will eventually reach a point that you will become still.

In that stillness you will realize infinity, you will realize God, you will realize the Eternal state, which these three things cannot be explained: Infinity, eternity and God. They are the same thing, and they cannot be intellectually explained.

“But they can be experienced…. [*http://www.maitreya.org/FILES/Conversation/2004/Feast/10\_02\_2004\_Feast\_maitreya\_conversation.htm*](http://www.maitreya.org/FILES/Conversation/2004/Feast/10_02_2004_Feast_maitreya_conversation.htm)

 Now, I welcome you to join me in the Universal Mantra that **Maitreya-Ji** has given to humanity. Breathe In Deeply (to the diaphragm) saying in your mind Haree Om Shrii Hung, now pause for a moment and feel the stillness in that pause, Breathe out saying Om Nam Kevalam, and again pause and feel the stillness, the tranquility that is God. In that pause between breaths, **Maitreya-Ji** has given us a way to more easily experience the Spirit of God.

 Let us take a few moments together to actually have an opportunity to continue to experience that tranquility or quietness…(after 2 minutes) Now let’s take a seven minute break here before returning to the lecture.

**14- Aversion to faultfinding**

 “You can find fault in anything in this universe. You can find fault in creation. You can even find fault in God, if really you insist and have a faultfinding mind. Of course, most of the faults we accept or believe about others are 90% our own impurities that we project to the others. Because we have impurities and we don't want to see our own impurities, we see them in other people.

 ”If I accept that it's everyone's fault but mine, I'm OK, aren't I? So it's everyone's fault, it is not mine. Then I can argue with everyone about their faults. I can find faults in everyone. I can tell them how terrible they are. But I never look at myself, how terrible I am.

 “...Faultfinding is easy. Get away from fault-finding....” [*http://www.maitreya.org/FILES/discourse/Dogma.html*](http://www.maitreya.org/FILES/discourse/Dogma.html)

 Also, “no man can judge another man unless he is in Pure Consciousness (has overcome his own lower nature).

 “...we should remember the story of that adulterous woman and Esa. He (Esa) told her accusers that if any of them had no sin, they could throw the first stone. But no one could be found without sin...

 **“**... we find the laws of Moses and Muhammad so hard to practice in our unjust societies. In a society where all have the basic necessities, a man who steals out of greed can have his hand cut off. But if a man steals out of necessity, or for any other forgivable reason, he cannot be judged for that action.” [*http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran6.html*](http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran6.html) *]*

 I guess we could say that the only time we are allowed to “complain” (well, not really complain but bring up improvements for the community) is during our weekly meetings on Saturday evenings, after the Sabbath. That is when “the whole community comes together. We have a round table and everyone sits around it, and they bring the problems they see in the community.

 “But the rule is that if you have found a problem you cannot complain about it unless you have a solution for it, or you have some idea that can replace the problem. Just complaining does not work. You have to have a solution for the problem so that you can replace the problem with the solution.”

 There is a conclusion for this Virtue of Aversion to Faultfinding. It is to , “... Hear God and His Call! Become larger than life. Stop complaining and stop being dragged down by the little things in life. Instead, reach for the stars and Pure Consciousness.” [*http://www.maitreya.org/FILES/Calling%20Elects/2006/06\_03\_2006\_maitreya\_calling\_elects.htm*](http://www.maitreya.org/FILES/Calling%20Elects/2006/06_03_2006_maitreya_calling_elects.htm)

**15- Compassion and freedom from covetousness**

 Quoting from the words of **Maitreya**:

 "Compassion is a very, very high state of masterfulness of being the situation and becoming one with life, and one with your situation, not your situation running your life but you are one with the situation, you understand it. Then you can even have compassion for your own self, becoming completely one with your situation and see it clearly and either correct it or go away from it, if it cannot be corrected.” [*http://www.maitreya.org/FILES/Feast/Questions%20and%20Answers%20Sessions/2010/Q-A\_Sessions\_09-23-2010.htm*](http://www.maitreya.org/FILES/Feast/Questions%20and%20Answers%20Sessions/2010/Q-A_Sessions_09-23-2010.htm)

”...If you really have a correct Godly compassion, you do not expect anything in return, but purely you want to fulfill your destiny, which is to create compassion to the earth and humanity and make them realize that is the way to go.

 “.. when you create compassion, you become a teacher.... And therefore, if you really have compassion, you cannot either have it from ignorance or passion. You will have compassion because compassion is the greatest achievement of the feeling towards the external world.

 “And you love everyone in the compassion. You do not discriminate against them because of their color, their nationality, their gender, etc.. Because they see, you see their Essence. You love their Essence.

 “You want them to see their Essence. You want them to love their Essence, which is God. Not to look at each other as a being separate from one another and create disunity and problems for each other because of our own expectations and our own, not knowing ourselves and our Essence." [*http://www.maitreya.org/FILES/Feast/Questions%20and%20Answers%20Sessions/2010/Q-A\_Sessions\_09-23-2010.htm*](http://www.maitreya.org/FILES/Feast/Questions%20and%20Answers%20Sessions/2010/Q-A_Sessions_09-23-2010.htm)

 "...So compassion is greater than unconditional love. Compassion is a corrective Love. Compassion has the ability to see the bad and good at the same time. Unconditional love doesn't have that ability. Unconditional love just loves. It's a mother's love. That's why we said, The fourth chakra is the place of the mother.

 “…..Most mothers can't see the bad in their children. They think their children are the best children in the whole universe.... This is because they have the mother kind of love, the unconditional love.

 “But for the father, if he really is the father and is in the higher thought, love becomes a kind of compassionate love for the children. That's why both are so important. Mother has unconditional love. Father has corrective love....

 <http://www.maitreya.org/FILES/discourse/Dogma.htm>

“.... when you have The Grace, you follow the Law. Grace and Law are the same. If you say you have The Grace and you cannot follow the Law, then you really do not have The Grace. You are in the delusion that you have The Grace. The Grace indeed is the Law. Whoever has The Grace will follow the Law. He will not fornicate. He will not covet his neighbor’s property.... He will love his neighbor as himself…..” <http://www.maitreya.org/FILES/Calling%20Elects/2007/01_06_2007_maitreya_calling_elec.htm>

**16- Gentleness**

 Certain things in life seem to easily evoke gentleness from our souls (though they may be different for different people).... think of cuddling with a warm, furry cat or kitten, holding a newborn baby, loving God through Bhakti yoga; devotional love; to name just a few.

 And as we know there are accounts of some Prophets and great Souls that showed a great deal of gentleness to animals and people.

 However as **Maitreya** teaches everything depends on time, place and person and can be from ignorance, passion or knowledge. To demonstrate, showing leniency to a criminal who steals food to meet the needs of his family in comparison to someone who steals out of greed. The judge understands that it is the unjustness of the state of the society that has caused the man to take the food to keep his family alive and sentences him more GENTLY (from Knowledge.)

 So there is a time for gentleness and a time to be harsh, a time to be forgiving and a time to not be forgiving and with meditation we begin to develop a discerning mind that we show that gentleness from knowledge at the right time, in the right place, and to the right people or person.

 I’ll end this Virtue with a quote from **Maitreya-Ji** (from February 3rd, 2001 Satsang) that says:

"..you have the ability to be(come) in the image of God. When you are in the image of God, then you manifest the gentleness and loving ability. As Christ said, you will become a great tree that many will come and abide in, under your shade."

**17- Modesty and steady determination**

 I will talk about a few different types of Modesty as shown in the **Mission**.

**Modesty of body**

“Clothes should be decent and modest in appearance, and according to the situation in such a way that an upright mind would not object.

 “It is better for men and women to wear distinct clothing. [*http://www.maitreya.org/FILES/THOTH/ESSAYS3.HTM/Essays3-1.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS3.HTM/Essays3-1.html)

“In this endeavor women have a great responsibility. They should emphasize the beauty of their higher selves rather than the beauty of their bodies

 [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html)

 “A realized woman usually longs to be with a man whom she can respect. A high soul man also likes to be with a woman who does not emphasize her body but her higher being. Then they would overcome their lower natures and each become a true man (male, Divine Logic) and woman (female, Divine Mother, Divine Grace).” [*http://www.maitreya.org/FILES/THOTH/ESSAYS2.HTM/Essays2-4.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS2.HTM/Essays2-4.html)

**Modesty of Mind**

**In the Koran we read:**

O You who believe, fight with the disbelievers who are close to you, and let them find you strict [strong, one pointed, steady, etc.]; know that God is with he who keeps his duty to him. And who guard their modesty… (123) *Koran, Surah The Table Spread (Al Ma'idah)*

 “Therefore, their dedication and focus has to be on God, His Revelation, and the **Eternal Divine Path**, 100%. But at the same time look not for the result, not for the praise, not for anything external, but the praise and perfection within you.” [*http://www.maitreya.org/english/Satsangs%201999+/2003/02\_01\_03.htm*](http://www.maitreya.org/english/Satsangs%201999%2B/2003/02_01_03.htm)

 “...Whoever was greater was the most humble, and there should be no dominating personality among them, that each should do his Work with no false pride.

 “Only those who have overcome this world, are in their higher selves, and have no desire for the praise of the men (Paravipras) are worthy to assume the leadership of humanity.” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew30.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew30.html)

**Modest Living**

“...When a person goes to God and sees that most of his problems in reality are not problems at all but are there because he created them himself by his unnecessary attachments, desires, and greed, then he will simplify his life and find the peace and truth in simplicity and simple things. He will surrender to the Lord, so his burden will be taken away or become light, as the burden of all realized people is light, ‘my yoke is easy, and my burden is light.’” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew17.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew17.html)

 ”The middle path is the path of stillness, the path of consistency, to be constant, and in this path you don't go to extremes. If something good happens to you, you know it is temporary and you enjoy it. You just look through it and see if it's really from God or from the higher Spirit, then you just take it and enjoy it as it is. If it isn't good, you don't completely fall to despair, because still you know that that's temporary and that's not something to really be concerned about. So you become a constant mind.” [*http://www.maitreya.org/FILES/discourse/Respect.html*](http://www.maitreya.org/FILES/discourse/Respect.html)

**It takes Steady Determination to bring the Kingdom Of Heaven On Earth**

 Never give up, and never suicide, as it has come to us from the very beginning of this **Mission**. Be perseverant, strong, and continue doing what we are doing to spread this **Mission** in any way we can. Never become discouraged.” [*http://www.maitreya.org/FILES/Conversation/2004/11-20-2004\_maitreya\_conversation.htm*](http://www.maitreya.org/FILES/Conversation/2004/11-20-2004_maitreya_conversation.htm)

 “Do not be concerned about reaching [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God) ([Pure Consciousness](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/P.html#Pure%20Consciousness)). Take each day as it comes, meditate, observe, contemplate to do His Will (Live in [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God)). This will earn His [Grace](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#Grace). Only through His [Grace](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#Grace) is salvation possible.

 “One day a surge of Great Love, [Light](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/L.html#Light), and Higher Thoughts will dawn on you; it is then that you know [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God) is with you. Eventually the Goal will be achieved, you will be One.” [*http://www.maitreya.org/FILES/THOTH/Holiest.html/HOLIEST1.HTM/Holiest1-4.html*](http://www.maitreya.org/FILES/THOTH/Holiest.html/HOLIEST1.HTM/Holiest1-4.html)

 ”Words are beautiful (inspiring) but they will remain just beautiful words unless action is taken. To bring the **Kingdom Of Heaven On Earth** can only be done by the actions of individuals, groups, and nations.” [*http://www.maitreya.org/FILES/Keys/KEYS1.html*](http://www.maitreya.org/FILES/Keys/KEYS1.html)

Some say it takes too much time....

 **“Maitreya**: Oh, you want instant coffee [all laughing]. Yes, I know that. A lot of people in the 1960's tried to open [the spiritual centers] by using drugs. What happened to them? They got somewhere they were not supposed to go, and some of them just couldn't handle it.

 “The spiritual path is a preparation. You have to prepare yourself. Those who are looking for an instant realization are not going to be able to handle it very well.” [*http://www.maitreya.org/FILES/Feast/Grt-sign.html*](http://www.maitreya.org/FILES/Feast/Grt-sign.html)

“God-realization and feeling Him deeply is an all-around lifestyle. You cannot go halfway with God. You have to go all the way. That is why I said, ‘Those who stay to the end will be saved.’ You cannot go halfway, …..it is a lifestyle. You wrap yourself up with God. That is why we are working toward **Communities of Light**. It is not just one philosophy, or one teaching, or one realization, it is the whole thing, physically, mentally, and spiritually.” [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/On%20Communities/the\_goal.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/On%20Communities/the_goal.htm)

**18- Vigor**

 Vigor, like all other things, can be of three kinds. It can be from ignorance, when the vigor is not used in the ideation of serving God or to focus on the Goal of the Life, to be(come) Divine. It can be from passion, when one's vigor is used to gain something (attention, a favor, etc). And vigor from knowledge is when vigor is used to do God's Will.

 So what exactly is vigor? The virtue of 'vigor' in the **Mission of Maitreya** not only refers to having a strong body, but a strong well-balanced intellect and spirit.

 “...in this age, man should not run away from the realities of life but face the problems of this universe with enough vigor and understanding to surpass any obstacle. We now have many high conscious people who have already progressed greatly by their individual endeavors and His Grace in their past lifetimes. It is their responsibility to establish that environment to help others also to reach higher consciousness. That is why the time of being an escapist is gone for spiritual people. They have no choice now but to stay and work for the real spiritual truths that cover all aspects of life.” <http://www.maitreya.org/FILES/Thus%20Speaks%20M/Universalism/temple_unifies.htm>

 “Such men have broken through anything that stands in front of them to be a Universalist. They expand their minds and are beyond all falsities. They see the Hand of God in history (His Story) and realize that they have been born so many times in so many cultures, religions, and backgrounds that they have no prejudices against any of them. They Guide humanity toward God’s Nation and Culture.” <http://www.maitreya.org/FILES/THOTH/Suplements.htm/The%20New%20Man.html>

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 “[Such people] ...take care of [the] physical body. [They] eat good food, nutritional food. And especially [they] come to the community and create an environment that organic food will be served and cooked so that [they] have … good nutritional food from God.

 “Exercise for keeping the body in good shape. Meditate and do yoga to get the chakras and innersize,.....” [*http://www.maitreya.org/FILES/Calling%20Elects/2007/05\_05\_2007\_maitreya\_calling\_elec.htm*](http://www.maitreya.org/FILES/Calling%20Elects/2007/05_05_2007_maitreya_calling_elec.htm)

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 “If you are an Elect, if you indeed recognize and see this Vision clearly, you have to go deeper inside and realize that you have the responsibility to convey this message to the rest of humanity, you have to go beyond this mundane life, and you indeed have to become BIGGER than life. If you are not bigger than life then life is bigger than you, and it will smother you. [*http://www.maitreya.org/FILES/Calling%20Elects/2007/05\_05\_2007\_maitreya\_calling\_elec.htm*](http://www.maitreya.org/FILES/Calling%20Elects/2007/05_05_2007_maitreya_calling_elec.htm)

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 “Also when you claim that you have progressed, you have seen the Vision, you are with the **Mission**, you have found It the greatest Revelation ever, and you are a part of It, as Prophet Muhammad said, ‘You think you believe, and you will not be tested?’"

 “The true believer with the faith is like iron. No matter how much tribulation and problem comes to them (as you hammer iron and the iron becomes stronger), the true believer with faith will become stronger because they truly believe in the Word of God and they know that what has been said here will come true. So at the end they are the victorious ones.” [*http://www.maitreya.org/FILES/Calling%20Elects/2007/05\_05\_2007\_maitreya\_calling\_elec.htm*](http://www.maitreya.org/FILES/Calling%20Elects/2007/05_05_2007_maitreya_calling_elec.htm)

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 “The **Mission** and our teachings will create a [New Man], a Superman who belongs to the whole humanity (earth), men who are larger than life, men who represent all classes of humanity. They rest not until they have destroyed the last vestiges of impurities and narrowness in themselves and others.

 “We call the New Men: Paravipras (beyond Intellect). No matter what you call them, these New Men will be created with what God has Revealed to humanity: Our teachings. He is the New Man who is made for a New Era...

 “...So [in being vigorous from Knowledge] ...Know the ultimate result of our teachings. See the Vision Clearly. Become LARGER than Life. Shatter all bondages in your life. Free yourself to God. Become the New Man, ....” [*http://www.maitreya.org/FILES/THOTH/Suplements.htm/The%20New%20Man.html*](http://www.maitreya.org/FILES/THOTH/Suplements.htm/The%20New%20Man.html)

**19- Forgiveness**

 “Forgive those who do bad to you, and make your aggressor ashamed of his actions, by showing forgiveness and detachment.

 “It should be kept in mind that the teachings of Christ are for individual progress and are related to the acts a person does to be(come) perfect to be(come) detached in overcoming the lower nature and an instrument to manifest His qualities. However, there is another side of human life and that is the relationship of man with the society and external world. Therefore to complete these teachings of forgiveness, it should be taught: Forgive whatever bad has been done to you, but forgive not bad done to society.

 “That is why Prophet Muhammad taught that if someone smites you, smite him back, because his teaching is more social-oriented and Christ's teaching is individual-oriented.” [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew8.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew8.html)

 “Repentance has a great psychological and spiritual effect. You see, many of us can forgive others, but we have a hard time to forgive ourselves. Here is the way out, we repent and go to God and ask for forgiveness.

 “...This notion really is a spiritual crutch to get you over the hurdle of forgiving the self, purifying the Spirit and feeling close to God….

 “So what we are really doing by repenting is we forgive ourselves. God never condemned us....

 “Therefore, repentance and/or accepting that God forgives our sins is the beginning of purification....” [*http://www.maitreya.org/FILES/Keys/KEYS5.html*](http://www.maitreya.org/FILES/Keys/KEYS5.html)

 “Now, how to deal with the difficult situation that you feel that you have to forgive people? Of course, always remember the Essence of each person is God, and they have the potential of becoming good and Godly. So if you feel that some people are not Godly or not presenting the highest spirit, do not like the part that is not Godly, but concentrate on the Godly part in them and forgive them for what they do to you.

 “That is why Christ said, ‘Forgive them Father, they know not what they do….’

 "...If someone did bad to you personally, forgive them….”

 **Maitreya-Ji** continues: “So you have to forgive and forget. You say, ‘OK, this was all done to me in the past. I am going to forgive these people. I am going to let them go. I am going to start on in my life, and I am going to attract only good people toward myself so we can live together in harmony. We will not harm each other.’

 “...But, of course, if something bad is done to you, forgive them, forget it, continue in your mission and your mental energy toward God-realization....

 “As Christ said, the humblest is the greatest in the kingdom. It is not the one who has the psychic power, who has healing power, who does the miracle things.” [*http://www.maitreya.org/ENGLISH/Satsangs%201999+/2002/06\_01\_2002.htm*](http://www.maitreya.org/ENGLISH/Satsangs%201999%2B/2002/06_01_2002.htm)

 And at the end, the Golden Rule from **THOTH**, ESSAYS:

 “Do to others as you expect others to do unto you.

 “But if they did not do unto you as you expect, forgive them.” [*http://www.maitreya.org/FILES/THOTH/ESSAYS3.HTM/Introduction.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS3.HTM/Introduction.html)

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**20- Fortitude**

Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. (Matthew 5:11) [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew7.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew7.html)

 These words above remind us of the reason fortitude is needed as we learn to become Paravipras. Fortitude is the result of a brave and determined mind and attitude.

 **Maitreya** has given us the perfect example of fortitude as He has tirelessly continued to march forward, despite any and all obstacles.

 "So in a period of around 30 years the Seventh Revelation of God, the Revelation of the **Eternal Divine Path** was brought to the external world, was written down, edited, published, put on the Internet and distributed to the whole wide world by the Prophet of God, **Maitreya**. The Plan was given, the Elects were called, and humanity was warned of the imminent disasters."

 "These all were done by following the **Eternal Divine Path** with the Grace of God. There was struggle, there were things to overcome, things to forget, and things to relearn (remember); there were problems, there were difficulties, there were resistance and negativities but as darkness has no power over light so were all these powerless over the **Mission** and **The Maitreya**, and they were nothing comparable to the Grace/Blessings of God."

 "Many people also came to oppose **Maitreya’s** Teachings and/or bring negativity to the **Mission**." [recommended reading: [*http://www.maitreya.org/FILES/Other/Thief%20of%20the%20night.htm*](http://www.maitreya.org/FILES/Other/Thief%20of%20the%20night.htm)]

 "Our duty is to present this truth wide and deep, spread the good tidings of hope and unity, to teach what the Plan of creation is and what is the goal of life, and to sacrifice all in this way. When all come, then the Kingdom Of Heaven On Earth will be established and God's Plan will be done on earth as it is in heaven.”

 [recommended reading: [*http://www.maitreya.org/files/Other/became-m.htm*](http://www.maitreya.org/files/Other/became-m.htm) *(How He BeCame Maitreya) recommend reading* ]

“Let us rejoice. Let us be joyful in this truth and Revelation that has been given to humanity. Read the Satsangs. Every time you read them you will see a new Light and teaching. “

“Anytime you read them you see that so much truth has come to humanity and to you. It is all the guiding Light that has come from God to lighten up man’s consciousness and for them to recognize that they are one humanity. “

[*http://www.maitreya.org/FILES/Calling%20Elects/2007/01\_06\_2007\_maitreya\_calling\_elec.htm*](http://www.maitreya.org/FILES/Calling%20Elects/2007/01_06_2007_maitreya_calling_elec.htm)

**21- Cleanliness**

 *[Essays 1, Tablet 4, vs 2-8]*

“The Prerequisites of Spiritual Life...:

 1. “Physical health is possible only when a person lives in an environment where the seven basic necessities for a strong physical body are provided:

 (a) Fresh Air,...

 (b) Sunshine,...

 (c) Good food,...

 (d) Pure water,...

 (e) Good rest,...

 (f) Exercise and Inner-size,...

 (g) Concentration and the use of the power of the [mind](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/M.html#Mind),...

 2. “Mental equilibrium: To acquire a simple life to prevent the disturbance of the [mind](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/M.html#Mind) (but not so simple that the person becomes a burden on society). Simple life does not mean escapism but avoiding those activities which provide much stress with no beneficial results to the person or others, such as games (when they become a show, instead of for health purposes), luxury, too much attachment to the external world, drugs, drinking, smoking, thinking too much about the opposite sex, putting material gain prior to spiritual progress, etc.

 3. “Spiritual cleanliness: In addition to physical and mental cleanliness, a person has to strive to be spiritually clean. As the body becomes dirty in a few days, the mental aspects of the human also become soiled. Actually the [mind](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/M.html#Mind) becomes soiled much faster than the body, and even faster than the [mind](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/M.html#Mind) is the [spirit](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Spirit) that becomes unclean (through the [mind](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/M.html#Mind)). So we can see how important these things are: the environment we live in, the materials we read, the shows we see, or the people we have as our companions. They all affect our mental and spiritual cleanliness. A spiritual person not only tries to avoid [crudifying](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/C.html#Crudifying) environments but eventually he also should be able to stay in the equilibrium of his [mind](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/M.html#Mind) even in the middle of the worst environment.... [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html)

**22- Freedom from envy**

* **THOTH** uses the word “envy” to describe “the beast” in the Revelation…

*"And I stood upon the sand of the sea, and saw a beast rise up out of the sea, having seven heads and ten horns, and upon his horns ten crowns, and upon his heads the name of blasphemy." (Rev. 13:1)*

 “...This beast is the symbol of the desires for the things Maya offers (illusion of the external world). The dragon is the Maya itself. But the beast is that desire which arises in the consciousness (sea) and brings attachment to humanity. Maya is attraction to the external world, and desire is the wanting of the fruits of this attractive world.

 “The seven heads are the seven attractions to the seven powers of Maya (survival, food, power, beauty, false attraction to the sexual world, wealth, and blind intellect). The ten horns are the devils which result from this attraction (greed, fear, anger, envy, false prestige, vanity, lust, pride, etc.). With these desires to the attraction of the external world (Maya), blasphemy will come to humanity. They will forget God. Desires arise from the consciousness of the human (‘the sea’). By purifying the consciousness, desires also become purified and the dragon becomes a dove. Then the desires will be(come) Divine.” [*http://www.maitreya.org/FILES/THOTH/Revelation.htm/Revelation24.html*](http://www.maitreya.org/FILES/THOTH/Revelation.htm/Revelation24.html)

* … and the propensities of the third chakra…

 “The third chakra controls luminous factor.... [It] is related to the third kosha or lower mental world. The creative energy of the mind is directed toward the mundane external world. General longing is to gain control over others by misuse of power. Some of the propensities of this chakra are: backbiting, slandering or betraying, over-attachment even though the person knows it is not good, melancholy, cruelty, lethargy, jealousy, fear, aversion and hatred, shame, and bashfulness.” [*http://www.maitreya.org/FILES/THOTH/Univ%20and%20man.htm/Univ&Man7.html*](http://www.maitreya.org/FILES/THOTH/Univ%20and%20man.htm/Univ%26Man7.html)

 “But chakras are truth..., [and] as you meditate you see that chakras exist in you, and you can feel the propensity that comes from them. Why do I become angry without any great reason? What is that? Why am I bashful, for instance? Why is that? If you meditate you will see that there is something in those chakras, that some energies are locked and the result is bashfulness, anger, jealousy, etc.” *(Lecture Explaining the Third and Fourth Seals in The Greatest Sign and Their Relationship with the Chakras. By* ***Maitreya****. 10/17/1989* [*http://www.maitreya.org/FILES/discourse/3d4thsl.html*](http://www.maitreya.org/FILES/discourse/3d4thsl.html)*)*

 And to conclude: “What does it mean to be free? To know God and be only attached to Him. Drop your concepts and desires to dominate others. Free yourself from judging, criticizing, jealousy, greed, and hatred. Then you can free others also. This is the essence of God-realization and the goal of the universe. In essence, free yourself from ego, to be One with Him.” (*Golden Keys 1, Question 8* [*http://www.maitreya.org/FILES/Keys/KEYS1.html*](http://www.maitreya.org/FILES/Keys/KEYS1.html)*)*

**23- Patience for honor**

 Honor and respect are not things that we crave or strive for; they happen because we work for God’s Will to be done in our lives and on the earth. We do not need to be honored by others, the honor comes from within, from the Spirit. That is why studying and understanding the Guidance **Maitreya-Ji** has given us makes us strong in the Way of God. Whether we are honored by other humans makes no difference to us at all; when we feel God’s Grace we are honored and are thankful and sure, and we then know our patience was worth every struggle.

 **Maitreya-Ji** is the perfect example of this. **Maitreya-Ji’s** birth and life (fulfillment of the prophecies) is a testimony of the existence of God. He tells the Truth, no matter what the consequence. He has always done this, in each lifetime. He has been shot at, crucified, and persecuted for telling the Truth.

 **Maitreya-Ji** has told us that this **Mission** will require Him to have Three incarnations. They will be the incarnations for Revelation, Implementation, and Execution. This lifetime is the Thief of the Night incarnation, He comes quietly and is not really noticed, but He leaves His Message for All, for now and generations to come.

 The following quote is an answer **Maitreya-Ji** recently sent to the question: “How will the Kingdom of God come with so much corruption and humanity is falling away from the Spirit more and more?”

 **Maitreya-Ji** answered: “The short answer is: Because God said so.

 “The long answer, however, is this: This period has been foretold and prophesied in most (if not all) religions on earth. This is the time that humans are given the last chance to either go to God or be sundered (separated) from one another (Good from Evil). It is the time the earth will be a very bad place to live on (as you also described it). In fact it will get even worse until the Kingdom comes.

 “**Maitreya** will be reincarnated three times before He will establish the Kingdom of God on earth. The first (this one) is the time for Revelation and gathering of the remaining Elects. The next one will be the time for implementation of the teaching. The third will be the lifetime of execution (establishing the Kingdom). In the first Incarnation He will come as the thief of the night (quiet and unassuming), and that is why so few have joined Him in this lifetime. By the end of the next lifetime many will join Him. From this lifetime on only those who understand the Teaching and are dedicated to it will be incarnated, and their number will increase until the third lifetime. In the third lifetime He shall establish the Kingdom on earth.

 “So the process will not end in this life but in the third one.

 “Hindus refer to **Maitreya** as the Kalki Avatar. They are the ones who have the prophesy that the Kalki Avatar will reincarnate three times before He establishes the truth back on earth.

 “So Rejoice as God said it will happen and He also has shown us how!”

 In conclusion, let us learn from **Maitreya-Ji’s** example: He is not honored by man now, as He deserves. However, He knows He is honored by God and has patience for it (Patience for Honor).

**24- Readiness to** [**sacrifice**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/S.html#Sacrifice) **everything of individual life for the ideology**

 “The more you glorify God, the more you will be glorified. The more you glorify yourself, the more you will be humbled. That's the Law. That's why Abram (Abraham) is known as the submissive one, the one who was completely surrendered and submissive to the Will of God.

 “God even said, ‘Take your child and sacrifice him for Me.’ Abraham said, ‘OK, fine, if that is Your Will I will do that.’

[*http://www.maitreya.org/files/Feast/Lectures/3rd-seal\_sacrifice.htm*](http://www.maitreya.org/files/Feast/Lectures/3rd-seal_sacrifice.htm)

 “Sacrifice means to struggle to progress physically, mentally and spiritually and to help others also to progress in these spheres. It means to be other-centered, to give up “mine” and ‘thine’ for ‘ours.’ Therefore, in the process, the false ego is crucified

 Sacrificing and selflessness should start from the top of the society (the leaders). Otherwise the mass will be exploited through their sacrifices and a few will take advantage of these sacrifices for their selfish pursuances. [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/On%20Esa%20the%20Christ/the\_message.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/On%20Esa%20the%20Christ/the_message.htm)

 Project Managers are appointed over different projects in the Mission that need to be done…

 “...If someone else later emerges as even more suited for the job, the original Project Manager may be asked to give up their position to the newcomer; if so, they should do so with grace and without resentment. Especially at this early stage, everyone in the **Mission** must be flexible, and ready to sacrifice for the good of the organization.”

[*http://www.maitreya.org/english/project-managers/what-is.htm*](http://www.maitreya.org/english/project-managers/what-is.htm)

 “In going through these five steps, meditating and awakening your spiritual forces, directing your energy toward creating the Kingdom Of Heaven On Earth or the **Communities of Light**, sacrificing for them, being submitted and surrendered to them, and being universal, you become a very dynamic spiritual force().”

<http://www.maitreya.org/FILES/Thus%20Speaks%20M/Submission/edp.htm>

 “So sacrifice, not being self-centered, being other-centered, being God-centered, becomes important. That is the third seal. The third seal is really the symbol of sacrifice. What did Christ teach? He sacrificed, didn't he? He sacrificed everything. He sacrificed even his life. He went all the way to the cross. For whom?

 “He didn't have to do that, did he? He didn't have to. He could have just said, ‘No, I'm not going to do that.’ Actually, he tried in the garden of Gethsemane. He said to God, ‘Can you take this cup from me?’ But he immediately realized, ‘Oh no, I can't do that.’

 “That is what the prophecy said, that it was going to happen. That is what he had to do. He had to go through it. He went all the way to the cross and was crucified. He brought the third seal, sacrifice, in the **Eternal Divine Path**.

 “So really the third seal is the symbol of sacrifice, not being self-centered, not being selfish.

 **“** Of course, sacrifice is something we do in the community, and the community also gives us back other privileges, other wonderful things that, compared to what the community can give to us, our little sacrifice is not that much.”

[*http://www.maitreya.org/files/Feast/Lectures/3rd-seal\_sacrifice.htm*](http://www.maitreya.org/files/Feast/Lectures/3rd-seal_sacrifice.htm)

 “You have to be concentrated completely on God and be effective, and do the things that are necessary to create an environment, that calmness, that beautiful, wonderful place that can be created here for everyone and yourself, and then reach and teach other people how to overcome. Then you become a Paravipra.”

[*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20(Elects)/incorruptible.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/incorruptible.htm)

 “They sacrifice all for their ideology and higher self. They are completely dedicated to God. They are married to God. That is who their partner is. Their partner is God. They are married to Him and that is where their focus is.”

[*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20(Elects)/all\_his\_energy.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/all_his_energy.htm)

**25- Sweet and smiling behavior** [Ananda Ma]

 Let’s contemplate a prophecy given by God. In the Old Testament. God said to Abraham:

And in thy seed shall all the nations of the earth be blessed; because thou hast obeyed my voice.” *(Genesis 22:18)*

 In the book of Revelations in the Bible we can find:

 "And one of the [elders](http://www.maitreya.org/FILES/THOTH/Glossary.htm/E.html#Elders) saith unto me, Weep not: behold, the Lion of the tribe of Juda, the Root of David, hath prevailed to open the book, and to loose the seven seals thereof." *(Rev. 5:5)*

 God said that there were seven sealed messages that only the Lamb of God could open. This Lamb of God, has lived among us in this era and has been known as the Prophet of God, the Messiah, etc. Men have called him Noah, Abraham, Esa the Christ, Prophet Muhammad, Bab, etc., as he opened each of those previous six messages, messages that blessed each of six of the nations of the earth. God’s Blessing each time was to a small part of the earth, one nation.

 Now He comes as **Maitreya** and has opened the Seventh Message (Seal). I ask you, Who has the sweetest and smilingest behavior? And why do you think that is so? [Pause] Of course, it would be good to note here that every action depends on time, place, and people involved.

 Now think about how you received this Message. How did you feel? **Maitreya** reminds us to remember how we received this Revelation. When you do think back and remember first hearing about **The Greatest Sign**, the unification of all religions, doesn’t that wonderful feeling still engulf you? Doesn’t that result in sweet and smiling behavior? And when you share this Message with others and realize that God is the Doer, doesn’t that bring a deep sense of humility? Could it be that sweet and smiling behavior comes from allowing God to do His Will through us?

 Maybe **Maitreya’s** sweet and smiling behavior is because He is a Good Messenger of God. He opened and, with clarity, shared the message of the Seventh Seal with the whole world in this lifetime. Maybe He remembers sharing each part with each of the nations in the six lives when he opened each of the six previous Seals, fulfilling all those prophecies.

 Thanks God for this Blessing we have all received, a Blessing that brings such sweet and smiling behavior.

**26- Moral courage**

 "So, as Esa said, do not be worried about what you say. When the time comes my Father will put the words in your mouth, and you will say things that you know it is not you who is saying them. It is the Father. That is how the Spirit of the Father works right now with us, with the **Mission**.

 “...Become a fisher of men. Let all know that you have found the Messiah, the Mehdi (Muhammad), the expected Buddha (**Maitreya),** the Christ (), the Prince of Peace (Kumar=prince), etc. Then we might unify All under One Banner of Salvation (**The Greatest Sign**). That is how you can serve **Maitreya** and become an instrument to spread this teaching.

 “As you spread the Word, you might find good soil to plant the seed of **Maitreya’s** teachings. Then gradually each seed will grow into a mighty tree to give plenty of fruit, some thirty, some seventy, some a hundred…fold. This will lead to the fulfillment of **The Plan**. Those who have been prepared like you are just waiting for the call. They also will see answers to their questions, as you did, in **Maitreya** and His teachings.” [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/On%20Esa%20the%20Christ/the\_return.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/On%20Esa%20the%20Christ/the_return.htm)

“Paravipras are the people who have the qualities of all the four classes.

 “Ksattriyas have the warrior quality, or are courageous people. They are leaders.

 “Vipras are intellectual people. Vaeshyaes are business people.

 “The Shudra class likes to keep everything quiet, like it is….

 “So each of these categories have their own qualities. Each are necessary for human progress and the human society.

 “You have to adapt yourself to the situation you are living in now, at the same time keep your eye on the goal -- where you are going, and what is the reason that you have been created to be here." [*http://www.maitreya.org/FILES/discourse/Notowrld.html*](http://www.maitreya.org/FILES/discourse/Notowrld.html)

**27- Setting an example by individual conduct before asking anyone to do the same**

 “Humanity has to recognize to see the essence in each person, which is the same as the Essence in the universe, start respecting that Essence in each man, create respectful relationships with each other, and become highly moral in their behavior, in their dealings, and in their lives.

 “They recognize that, that Essence is always present and therefore they are not escaping the judgment of the Essence. They should become courteous to one another and create a society that people respect one another in every level, in the streets, in their homes, in their governments, in their dealings with others, and eventually bring the earth to a point that the morality and the dharma of the universe is implemented.” [*http://www.maitreya.org/FILES/Revelations/2007/07\_07\_07\_Revelations-2.htm*](http://www.maitreya.org/FILES/Revelations/2007/07_07_07_Revelations-2.htm)

We can see how **Maitreya-Ji** has fulfilled these requirements.

 **Maitreya’s** morality has been shown through his life’s journey in recognizing who He was, And IS..(read “How He BeCame Maitreya” [*http://www.maitreya.org/FILES/Other/became-m.htm*](http://www.maitreya.org/FILES/Other/became-m.htm)) living and displaying His moral courage through his intuition as the way, and living Divine, to accomplish the goal..As **Maitreya’s** final truth which has been established through the teachings He brings to humanity, that, “The Goal of the Life, is To BeCome Divine”…”That Divinity, God, is Everything.”

 Therefore **The Greatest Sign** which is the visual teachings of how to be(come) Divine, is a result of **Maitreya’s** "moral courage”..He has truly set before us the greatest example.

**28- Strict adherence to the Fifteen Commandments**

**Five General Commandments:**

1- **Submission**: The Divine Father in heaven is One, Invisible, Nameless, and the Greatest.

2- **Surrendering**: Do not go to complete prostration (submit) to anyone or thing except Him, the words revealed through His Prophets, and **The Greatest Sign**, which clarifies the confusion between all.

3- **Goal of the Life**: Remember the goal of the life, which is to reach Pure Consciousness and help others to reach the same.

4- **Messengers**: Consider the Prophets, Satgurus, Avatars, or likewise as God’s Messengers to bring His Messages and Laws to humanity.

5- **Elects**: Accept Paravipras as the Chosen Ones to establish and enforce the Laws, and to spread the Messages of God and establish the Kingdom Of Heaven.

**Five Observing Commandments (Yama):**

6- **Non-violence**: Not violating the Daharma.

7- **Truthfulness, with Discriminating Mind:** To guide all thought, speech, and action with the spirit of welfare.

8- **Not to Steal (Non-Stealing, physically, mentally, or spiritually)**: Do not take things which belong to others, by thought, by taking (action), or by preventing them from doing their duties or possessing things which belong to them.

9- **Non-Indulgence**: Not to indulge in the enjoyment of such amenities and comforts as are superficial to the preservation of life.

10- **Attach to God**: To keep the mind immersed in the ideation of God, to remain attached to God, and to accept Him as the only Refuge, the only King, and His Laws as the only Laws.

**Five Action Commandments (Niyama):**

11-  **Internal and External Cleanliness**: To maintain purity and cleanliness of mind, body, and environment.

12- **Contentment and Mental Ease**: To remain in a state of mental equanimity and contentment.

13- **Satsang, Service, and Meditation**: To attain true Satsang (when people talk only about God, the universe and His Will), to practice penance in the service of others (as being done for the Lord, in creating **Communities of Light**), and to sincerely meditate and/or do **The Reminder** at least twice a day.

14- **Understanding God and His Laws through the Scriptures**: To clearly understand the underlying meanings of the Scriptures and discourses of spirituality.

15- **To Be(come) Divine**: To strive to become perfect in our actions as God is, to ideate that He does the Divine actions through us, and to become a perfect instrument for His Will to be done, until able to radiate His Divine Universal Truth through ourselves.

**29- Constant contemplation of** [**The Greatest Sign**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#Great%20Sign,%20The)

 What is **The Greatest Sign**?

 “It is the essence of **Maitreya's** teaching, in the form of a sign (yantra, mandala).” [*http://www.maitreya.org/FILES/Keys/KEYS1.html*](http://www.maitreya.org/FILES/Keys/KEYS1.html)

 A yantra is “...a crystallized ideology in the shape of a painting, symbol, or sign; or a shape or painting which guides the mind into its deeper levels.” [*http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/Y.html*](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/Y.html)

 What is a Mandala?

 “A Mandala is a painting or drawing that guides a person toward higher thoughts or God. It usually is a crystallized idea in the form of a visual aid. **The Greatest Sign** is a Mandala.” [*http://www.maitreya.org/FILES/Keys/KEYS1.html*](http://www.maitreya.org/FILES/Keys/KEYS1.html)

 **The Greatest Sign “**...in the teachings of **Maitreya** [is a mandala and] ... explains all the realities behind this universe, creation, history, destiny of man, and clarifies the confusion between the different religions.

 “It is a [yantra](http://www.maitreya.org/FILES/THOTH/glossary.htm/Y.html#Yantra) because even by meditating on it, many realizations will come to the person and also it increases the concentration.” [*http://www.maitreya.org/FILES/THOTH/glossary.htm/G.html*](http://www.maitreya.org/FILES/THOTH/glossary.htm/G.html)

 **“**Think about [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God), His universe, and His truths all the time, and love Him with all your might. Otherwise your attention will be diverted to the material world, mundane things, and you will fall into your lower nature ([hell](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/H.html#Hell)).” [*http://www.maitreya.org/FILES/THOTH/glossary.htm/G.html*](http://www.maitreya.org/FILES/THOTH/glossary.htm/G.html)

  *“*So when you sit in front of **The Greatest Sign**, what you're actually doing is looking at the universe. You want to know the universe. After sometime being in front of **The Greatest Sign**, you start seeing more and more about it….” [*http://www.maitreya.org/FILES/discourse/Sabbath.html*](http://www.maitreya.org/FILES/discourse/Sabbath.html)

“Understanding the underlying truth and teaching of [**The Greatest Sign**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#Great%20Sign,%20The) and universality, how each Scripture is related to the teaching of [**The Greatest Sign**](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#Great%20Sign,%20The), and how [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God) created the whole universe from compassion to help all of humanity and the universe to reach [Pure Consciousness](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/P.html#Pure%20Consciousness), should be taught with the utmost love and tolerance possible….” [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-8.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-8.html)

 “It also reveals the essence of the [**Eternal Divine Path**](http://www.maitreya.org/FILES/THOTH/glossary.htm/E.html#Eternal%20Divine%20Path) which leads to Divinity.” [*http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html*](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html)

 *“*We have to realize **The Greatest Sign**. We have to think about It. We have to meditate about It, understand It, read about It, look at It....” [*http://www.maitreya.org/FILES/Feast/Knowself.html*](http://www.maitreya.org/FILES/Feast/Knowself.html)

 “If we constantly have **The Greatest Sign** in front of our eyes and remember the time, place and people the Scriptures were revealed to, if we keep in mind that some of the Scriptures have been changed by some carnal minds, and if we remember the truth behind **The Greatest Sign**, then we will not be lost.

 “However, the real truth is common sense which evolves after much study and when we go beyond books and develop a direct relationship with The Holy Ghost. But before that connection occurs, Scriptures are very good guides, with having **The Greatest Sign** in mind.” [*http://www.maitreya.org/FILES/thoth/KORAN.HTM/Koran13.html*](http://www.maitreya.org/FILES/thoth/KORAN.HTM/Koran13.html)

“**Question**: When I sit in front of **The Greatest Sign**, or I look at it, or I meditate on it, it seems there are so many things that come from **The Greatest Sign**. Why is that? It just seems like you could sit and meditate on **The Greatest Sign** for lifetimes.

“**Maitreya**: You could say that **The Greatest Sign** is a yantra. A yantra is a kind of a symbol, or a drawing, or a crystallized idea which comes to people who meditate. They can manifest what they felt or realized, into that shape....

“**The Greatest Sign** really can be called the Shrii Shrii Para Maha Yantra. It means the greatest yantra. It really covers the whole creation. It's like you're trying to find out about the creation. You can think about creation. You can meditate on creation. You can realize creation. You can realize God -- and then realize Him more. Still the next day you realize something completely different. That's what they call the play of the Lord.

 “If you really become close to God, you are never bored because you have so much Joy. You can realize Him so much today, it makes so much sense. Then you realize Him more this afternoon and the next day you realize Him completely different. You wonder, I didn't know that part exists. That's why I used to say, God even surprises Himself sometimes -- I didn't know I had this part, that's great, I love that!

 “... we used to sit and explain **The Greatest Sign**. Probably I explained it around fifty or sixty times in the first three to five years we started the **Mission**, and every time I explained it, it was something completely different than any other time. Each time it came out beautifully, it made sense.

 “That's why I wrote the more than eight hundred pages of **THOTH**, based on **The Greatest Sign** and still we could probably write infinite pages about **The Greatest Sign** and we wouldn't explain it completely.

 “So whenever you sit in front of **The Greatest Sign**, enjoy it. It's recommended to sit and gaze on **The Greatest Sign**. It is a beautiful practice. It brings you to the focus. It brings you to the realization. It cleans your chakras. It cleans your body, mind, Spirit and is a very powerful, the most powerful yantra.” [*http://www.maitreya.org/FILES/discourse/Sabbath.html*](http://www.maitreya.org/FILES/discourse/Sabbath.html)

**30- Even while dealing with a person of inimical nature, one must keep oneself free from hatred, anger, and vanity**

 “What does it mean to be free?

 “To know God and be only attached to Him. Drop your concepts and desires to dominate others. Free yourself from judging, criticizing, jealousy, greed, and hatred. Then you can free others also. This is the essence of God-realization and the goal of the universe.

 “In essence, free yourself from ego, to be One with Him.” [*http://www.maitreya.org/FILES/Keys/KEYS1.html*](http://www.maitreya.org/FILES/Keys/KEYS1.html)

“…we have to be unified under this Revelation, not under our personalities.

 “Each of us has different personalities but we have to sometimes tolerate some personalities because we want to be unified. We cannot throw anyone from this **Mission** because it belongs to everyone.

 “So we have to realize that although we are unified under this teaching, we might have different personalities that do not match. This is OK. That is the way it is. We have to create so much tolerance that we would be able to tolerate some energies that otherwise we would not. So we create a greater ability to be with each other without getting to the personality problems.

 “We can see that God still is in power. But it has to be recognized by humanity that, ‘Yes, really, God is in power and in control.’ The only way to create His Kingdom, which He meant from the very beginning, is the creation of the **Communities of Light**, and the creation of greater understanding and compassion for one another so that we can create an environment where everyone can grow physically, mentally, and spiritually and help one another.” [*http://www.maitreya.org/FILES/Feast/Lectures/7th-seal\_unification.htm*](http://www.maitreya.org/FILES/Feast/Lectures/7th-seal_unification.htm)

 “Being just:

O you who believe, be steadfast in [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God)'s ways, and be an example (for others) in equity, and let not the enmity of the people toward you make you deal with them unjustly. Be just, it is nearer to righteousness, and be aware of your duty to [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God); verily [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God) knows all that you do. (8) *Koran*, *Surah The Table Spread (Al Ma'idah)*

“So, you should not let your hatred affect your justness, because justice is even ‘nearer to righteousness.’ Also because all is [God](http://www.maitreya.org/FILES/THOTH/GLOSSARY.HTM/G.html#God), how can a realized person hate any part of the universe?” [*http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran16.html*](http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran16.html)

**31- Keep aloof from talkativeness (idle talk)**

 "We should clearly recognize the difference between Satsang and idle talk. Idle talk will make man go more to Maya (illusion), and Satsang takes him toward the Lord (higher consciousness)." [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-5.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-5.html)

 “What is Satsang? Satsang means good company. Good company means the people who come together to talk about God, … [ie, God’s Revelations, God’s Scriptures, God’s Words, Laws,etc.] ...That is all that is necessary. The rest is idle talk, and idle talk is not good for spiritual progress. So, you should refrain from idle talk.”

“...Satsang is when a person who is connected to God, comes and talks to the people. That is why it also means, ‘God talk.’ It means that God talks to humanity through the person who is chosen to talk for Him.” [*http://www.maitreya.org/english/Satsangs%201999+/2001/Feast/10\_01\_01\_feast.htm*](http://www.maitreya.org/english/Satsangs%201999%2B/2001/Feast/10_01_01_feast.htm)

 “...[By directing] the attention from the mundane to higher self, the spirit should be cleansed.

 “...In Satsang, the aspirants should not talk about themselves, but about the invisible Lord and His universe. Satsang should be given by spiritually advanced people, and usually true Satsang happens spontaneously with no previous preparation.” [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-5.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-5.html)

 We can also see how we should think about communication reflected in various religious Scriptures:

 In the Bible...

 "But let your communication be, Yea, yea; Nay, nay: for whatsoever is more than these cometh of evil." (Matthew 5:33-37)

 “The goal is to be(come) the truth itself, and a person in truth does not have to swear at all. To reach this state you should refrain from idle talk, because idle talk ‘cometh of evil.’ [*http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew8.html*](http://www.maitreya.org/FILES/THOTH/MATTEW.HTM/Mattew8.html)

 In the Koran...

 Surah The Ascending Stairways (Al-Ma'arij)

Most of the people are deeply unaware (sleepwalkers)of the reality behind this universe:

So leave them [the ignorant] chatting idle talks and playing until they face the Day they are promised. (42)

<http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran8.html>

 In conclusion ..., **Maitreya** shares that “....there will be many people who are going to join the **Communities of Light**. Then when more new people come it would be easier for them to adjust and learn to become a productive member of the **Communities of Light**.

 “They are going to be talking about this teaching and sharing with one another and others. We shouldn’t talk with one another about anything except this teaching and the business at hand. The rest is idle talk. As Christ said, you should just say, ‘Yeah, yeah, nay, nay.’ Anything other than that is idle talk.

 “And is idle talk good? It is no good. Idle talk comes from the first chakra. That is why it brings the energy down. The moment someone starts giving idle talk, the energy goes down. People in higher consciousness would say, ‘Oh no, I don’t want to hear this. Let us take care of the business at hand, or let us talk about God and His Plan.’

 “You have to be able to not fall into that temptation. There is a lot of temptation to give idle talk. A lot of people love to sit and gossip and give idle talk, and all that. That is no good. It is not good for you, it is not good for the other person(s), it is not good for the environment, and it is not good for the community.

 “If we create such communities, the people will always talk about God, the different Prophets, and make movies of each of these Prophets. They can make movies about each of these Seals and then at the end show how they come together in **The Greatest Sign** and the **Eternal Divine Path**.

 “That will be wonderful. The television will have all these wonderful programs about God and/or different things for educational purposes, how the **Communities of Light** can bring beautiful education to children, and how the self-sufficient units are so important for our economy and are going to solve our problems, etc.

 “It will wrap us up in this energy and flow. It is going to be a much better environment then going into the temptation of the world. So each person has to recognize and become the **Eternal Divine Path**.” [*http://www.maitreya.org/files/Feast/Lectures/4th-seal\_submission.htm*](http://www.maitreya.org/files/Feast/Lectures/4th-seal_submission.htm)

**32- Obedience to the structural code of discipline**

 “There are people who think that life is just a series of, ‘What I want to do, I should do whatever I feel like doing.’ They miss the point that if you do not discipline your energy, you cannot accomplish anything great in your life.

 “The very notion that whatever feels good is good, is really not wanting to be disciplined. For instance, look at steam. If you put water on the fire and create steam, that doesn't accomplish much. They were doing that for thousands of years.

 “Eventually one man said, ‘Let's give it some discipline. Let's put it in a machine, confine it and then see what happens.’ What happened? They created a steam engine, and they revolutionized human life. Yet steam was there all this time. It is the same energy they have been using for thousands of years.

 “Everybody boiled water. But it was not disciplined. So that energy was completely wasted. It is just like dynamite. You blow off dynamite in the air. What happens? Nothing is accomplished. It makes a big noise. Probably it is going to disturb your ears. But nothing is accomplished. Confine the same dynamite under hard rocks and then defuse it. You can blow out those rocks and create roads, etc. By disciplining the same dynamite you are able to harness its energy to accomplish a great task.” [*http://www.maitreya.org/FILES/discourse/Discplin.html*](http://www.maitreya.org/FILES/discourse/Discplin.html)

 Discipline comes in many forms. There are three required practices in the **Mission**. They are: The Reminder (7 times a day total), the Holy Days of God (including keeping the Sabbath Holy), and Tithing.

 Each of these required disciplines has a great purpose and effect.

 There are other suggested techniques in the **Mission** for physical, mental, and spiritual development. And they are superb! They include Half-Bath before The Reminder, Kirtan, meditation, Tantava and Tandavi, Bath Ideation, Yoga, etc. A search on the website for “Spiritual Practices” and reading Essays III in **THOTH** should help for understanding the numerous recommended disciplines. It is suggested to try each one at least once to experience the many different spiritual practices we have been given by God. You may find an inclination to practice one technique more than the other, and other people may prefer another practice, and that is OK!

 Of course, there are other disciplines to follow. What about dressing modestly, at all times and in all situations? What about washing and scrubbing your hands often during the day? What about foregoing our cultural background for God’s Culture?

 Even creating tolerance for others, is a discipline.

 We can again quote from **Maitreya**: “So all the Laws, or Daharmas of the universe, are to help us to discipline ourselves more and more and follow the most natural way of living that God intended us to live.

 “By understanding these Laws we become more and more in tune with the Laws of the universe. Not only we do not create sin, which is the same as creating karma (not being disciplined), we also can set an example for other people not to want to do sin, but to purify themselves, stop sinning, and go back to God.” [*http://www.maitreya.org/FILES/Further%20Clarifications/2007/10\_06\_2007\_FC.htm*](http://www.maitreya.org/FILES/Further%20Clarifications/2007/10_06_2007_FC.htm)

 And we should always remember what **Maitreya-Ji** has said, that being good is a conscious decision.

**33- Sense of responsibility**

 “In regard to the relationship with others, if a person is living in a **Community of Light** and is one of the 12 people as the base for selecting the leaders, then his community would be regarded as the second family. Then the person has a great responsibility, first, to become an example for others and a leader, and secondly, to be observant to choose truly the best person as the leader or the judge of the twelve.” [*http://www.maitreya.org/FILES/THOTH/ESSAYS2.HTM/Essays2-2.html*](http://www.maitreya.org/FILES/THOTH/ESSAYS2.HTM/Essays2-2.html)

 “... God indeed has warned man again and again of his fate. He has shown man the way out. He has sent His Prophets and Messengers to them with clear Revelations and Signs. He has sent His Last Revelation with Clear Signs and Truth at this end time. They still will not listen. Therefore, the responsibility now rests on man’s shoulders. Do not blame God for destructions and what is coming to you. Read His Revelation ([**THOTH**](http://www.maitreya.org/english/THOTH.HTM)) and look deep within to see that man (darkness) indeed is responsible for what is coming to them.” [*http://www.maitreya.org/english/declaration\_final.htm*](http://www.maitreya.org/english/declaration_final.htm)

 “When decisions are made in a situation (societies) that create Karma (are against God's Laws) it is everyone's duty and responsibility to oppose/correct such decision(s). If they do not, all those who have been present (involved) and did not correct the decision against God's Laws are collectively responsible for the consequences of those decision(s). They will create Collective Karma!” [*http://www.maitreya.org/FILES/THOTH/Suplements.htm/Collective%20Karma.html*](http://www.maitreya.org/FILES/THOTH/Suplements.htm/Collective%20Karma.html)

 “This is the time of maturity for humanity. They have to take the responsibility for themselves and say, Yes, we have to do it ourselves. We are not going to wait for the Messiah to come from the sky and say: ‘OK, the Kingdom is here and the Kingdom is going to come.’ They have been waiting for such a Messiah for the last 6,000 years. The Messiah came. He showed them the Path. He showed them the Way, and they did not walk it. They said, ‘No, we are going to wait for the one who will do it for us, the one who fits our concepts. We do not accept the One God sent.’ We are like little children, we want everything given to us, to be done for us. We do not want to do it ourselves.

 “But now God says: ‘You are waiting in vain. That is not going to happen.’ If you do not believe me, let us wait to see who is truthful, because you are waiting in vain. It has never happened the way you have envisioned it to happen and it will never happen in the future.

 “...If you have come here to do God’s Will, and if you realize that our teaching is His Will, then you have a great responsibility to become a part of the Body and proclaim him – ‘Yes, the Messiah is here.’ Of course, you do not have to accept it if you do not want to. It is the free will of humanity to accept and accelerate the coming of the Kingdom, or to reject and decelerate Its coming. There is no other way. That is the way to proclaim that we love the Lord.” [*http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/facilitators.htm*](http://www.maitreya.org/FILES/Thus%20Speaks%20M/Paravipras%20%28Elects%29/facilitators.htm)*)*

 “In an environment where the mind of a man is stimulated again and again by the external world, it is almost impossible to control the beast (desires). That is why it is the responsibility of the men, women, society, government, etc., to create that sentient environment which does not allow any stimulation of the lower nature of the human.” [*http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html#ENVIRONMENT*](http://www.maitreya.org/FILES/THOTH/ESSAYS1.HTM/Essays1-4.html#ENVIRONMENT)

 “... [Elected Ones] understand The Plan of God and are ready to take the responsibility of carrying out this Plan.

 “These are the real spiritual soldiers for bringing the world back to the spiritual path and for helping others to understand that the true happiness is the way God has shown us, not the pursuance of selfishness.” [*http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran3.html*](http://www.maitreya.org/FILES/THOTH/KORAN.HTM/Koran3.html)

**Conclusion**

 So that concludes the Divine Sister’s Lecture for the Feast of Tabernacles 2015 on the Thirty-Three Virtues. As we all prepared this lecture, the hardest part was limiting the quotes and information that we found, there is so much **Maitreya-Ji** has given… This lecture will be on the website for future reference, with an audio and word file.

 Why do we follow the 33-Virtues? To be better people, more Godly people. The more “better people” we have, the sooner we can create the Kingdom Of Heaven On Earth!

 Some people like to contemplate one Virtue every day, meditating on its meaning, and try to see how that Virtue helps in that day….

 Contemplating on the Virtues makes us understand about “how a spiritual person should become -- a radiant, attractive personality that draws people to him from everywhere.” Everything in the **Mission** is part of a Huge Package from God! You really can’t isolate just one part; they all go together [last slide].

 “We are here to manifest the Love of Esa (Jesus) with the wisdom of Buddha, the practicality of Muhammad, the universality of Baha’i, and any other qualities of God which exist. Probably our path is more comprehensive and more difficult than any of them alone. But to struggle to understand and come close to God is the only endeavor which will yield a permanent result. If you ever progress (in the Spirit), be it a little, it will stay with you forever.”